



2009 USA Pentathlon  
(Youth, Junior, Senior, Masters)  
National Championships  
and  
2009 NORCECA Men's & Women's  
(Senior, Junior, and Youth AB)  
Championships  
and  
Open Competition

June 4–7, 2009  
Palm Springs, CA

Invitation and registration information  
for US competitors only

Hosted by  
West Coast Pentathlon, Inc.  
*in conjunction with*  
Southern California Pentathlon

## **Welcome to the 2009 USA Pentathlon Nationals, NORCECA Men's & Women's Championships, and Open!**

We are delighted to invite you to join us in June in Palm Springs, California. This competition is the NORCECA championships as well as the qualifier for World Championships in the Youth A, Junior, and Senior divisions.

We'll be headquartered at the luxurious Hyatt Regency Suites, which is centrally located to our athletic venues as well as world-class restaurants and shopping. We hope to see you there.

**Please note that this entry form is for US entries only. There is a separate entry form for national delegations to the NORCECA competition posted on the UIPM Web sit at [www.pentathlon.org](http://www.pentathlon.org).**

### **SCHEDULE (tentative)**

This schedule is tentative, depending on the number of entrants. We will post an updated schedule after the April 30th entry deadline on our Web site at [www.usapentathlon.org](http://www.usapentathlon.org).

#### **Thursday, June 4, 2009**

Arrival of athletes

4 to 6 p.m. – Registration and mandatory equipment check, Plaza Room, Hyatt Regency (Youth B, C, D, E)

7 p.m. – Technical meeting, Le Jardin, Hyatt Regency (Youth B, C, D, E)

**All times listed are competition start times.**

#### **Friday, June 5 (Boys and Girls/Youth B, C, D, and E)**

7:25 to 8 a.m. – Swim, Palm Springs Swim Center

8:55 to 10:30 a.m. – Fencing, Pavilion

11:55 a.m. to 1:30 p.m. – Run/shoot, Equestrian Centers International (ECI)

2 p.m. – Jury ride, ECI

4 to 6 p.m. – Registration and mandatory equipment check, Plaza Room, (Youth A and B, Juniors, Seniors, Masters)

7 p.m. – Technical meeting, Le Jardin (Youth A, Juniors, Seniors, Masters)

#### **Saturday, June 6 (Girls/Youth A and Women/Juniors, Seniors, Masters)**

7:25 to 8:30 a.m. – Swim, Palm Springs Swim Center

9:25 a.m. to noon – Fencing, Pavilion

1:55 to 3 p.m. – Run/shoot, ECI

3:30 to 3:50 p.m. – Walk course

3:55 p.m. – Draw

4:15 p.m. – Warm up, first rider

4:35 p.m. – Start, first rider

## **Sunday, June 7 (Boys/Youth A and Men/Juniors, Seniors, Masters)**

7:25 to 8:30 a.m. – Swim, Palm Springs Swim Center

9:25 a.m. to noon – Fencing, Pavilion

1:55 to 3 p.m. – Run/shoot, ECI

3:30 to 3:50 p.m. – Walk course

3:55 p.m. – Draw

4:15 p.m. – Warm up, first rider

4:35 p.m. – Start, first rider

7 p.m. – Awards banquet (prepaid), Plaza Room

## **DIVISIONS**

The competition will be held in accordance with UIPM rules. Drug testing will be administered.

### **Divisions (age on December 31, 2009)**

Youth E (10 and under)

Youth D (11–12)

Youth C (13–14)

Youth B (15–16)

Youth A (17–18)

Junior (19–21)

Senior (22 and older)

Masters (Men 40 and older) (Women 35 and older)

**All divisions will participate in the combined run/shoot discipline with a handicapped start. Youth and Masters will not ride.**

Youth B, C, D, and E will all compete in the run/shoot event under Youth B guidelines as specified in the UIPM rules with a 2,000-meter run. However, Youth C will swim 100 meters and Youth D and E will swim 50 meters. Awards will be given separately to each division. Masters will compete at the same distances as the Youth A, Juniors, and Seniors.

At the qualifying level (Youth A, Juniors, Seniors), competitors will be allowed to enter in more than one division in the US Nationals and the Open competitions only. However, there is a \$50 fee per division for multiple entries. Youth A wishing to also compete as Juniors must be designated as riders on their UIPM cards.

Youth Bs wishing to compete at the Youth A level must get medical permission. For more information, e-mail [p171duffy@aol.com](mailto:p171duffy@aol.com).

## **ACCOMMODATIONS**

We will be headquartered at the Hyatt Regency Suites in Palm Springs where we have a block of suites reserved for \$99 plus tax. Each suite has two double beds plus a sleeper sofa in the living area and can sleep four people.

All participants are responsible for their own lodging. Make your reservations as soon as possible as rooms are limited. **All rooms must be reserved by April 30, 2009, to obtain this special rate.**

Be sure to say you are with the US Modern Pentathlon Nationals. If, after you reserve your room, you decide to stay fewer days, you must alert the hotel **upon check-in** or you will be charged for all your reserved days.

Each 600-square-foot suite features a marble bath and a separate living area with dining table for four. Other amenities include a television, daily newspaper, coffee maker, refrigerator, free wireless Internet access, and French doors opening onto a furnished balcony.

Please note that if you need transportation to and from the airport as well as the venues, shuttles pick up and drop off at the hotel. If you stay elsewhere, you will need to provide your own transportation.

The hotel address is:  
Hyatt Regency Suites  
285 North Palm Canyon Drive  
Palm Springs, CA 92262  
(760) 322-9000  
[hyatt.com](http://hyatt.com)

## TRANSPORTATION

Several airports service the Palm Springs area. The closest is Palm Springs International Airport (PSP), which is just minutes away. A free hotel shuttle is available for transportation to and from this airport.

Athletes can also fly in to Ontario International Airport (ONT), which is an hour away, or the Los Angeles International Airport (LAX), which is about a three-hour drive. However, participants would need to arrange their own private transportation from these airports.

A free shuttle service will also be provided for transportation between venues during the event. This service will be limited to athletes and coaches only.

## VENUES

The competition will be carried out according to UIPM rules at the following venues:

- **Run/Shoot and ride:** Equestrian Centers International (ECI), Rancho Mirage. CO<sub>2</sub> and compressed air will be available at the shooting range. The running will be on a flat mixed surface of compressed sand and asphalt.
- **Swim:** Palm Springs Swim Center, Palm Springs. Swimming will be in six to eight lanes in a 50-meter outdoor pool.
- **Fencing:** Palm Springs Pavilion, Palm Springs. We will have six to eight copper pistes.

## REQUIRED EQUIPMENT

### Run/Shoot

The new run/shoot rules specify:

- A pentathlete must wear athletic clothing.
- The pentathlete must wear a top with their **name clearly visible and professionally printed** on the back side of the top. Below the name should be the NF (nation) code, 7 to 12 cm high and in a contrasting color to the color of their shirt.
- Pentathletes must compete with athletics shoes, with or without spikes.

### Fencing

- Protective fencing clothing with fencer's surname and national code on the back of the jacket.

We will have an armourer at the fencing venue who can do minor repairs and will have some fencing equipment and clothing for sale.

### Riding

- Breeches, jacket, shirt, and tie for men
- Breeches, jacket, and blouse for women
- Riding boots with heel
- ASTM-approved helmets are mandatory

Weapons Control will check fencing jackets, masks, epees, air pistols, and riding helmets. Please bring all equipment to registration.

## INSURANCE

All competitors must insure themselves in case of accidental injury or illness. USA Pentathlon will assume no responsibility financial or other, for loss, injury, or illness of any delegation member.

## ENTRY INFORMATION

**Note: All US competitors in divisions Youth A and B, Juniors, and Seniors are automatically entered in all three competitions: the US Nationals, NORCECA, and the Open. All US competitors in Youth C, D, and E and the Masters divisions are automatically entered in the US Nationals and the Open.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Cell phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Age: \_\_\_\_\_ Birth date: \_\_\_\_\_ Gender: \_\_\_\_\_ UIPM # \_\_\_\_\_

Division(s): \_\_\_\_\_

If competitor is a minor, please provide the following parent/guardian information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Cell phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Arrival time/date: \_\_\_\_\_ Flight # \_\_\_\_\_

Departure time/date: \_\_\_\_\_ Flight # \_\_\_\_\_

If you are flying into Palm Springs International Airport, a hotel shuttle is available for guests of the Hyatt Regency.

Will you be staying at the Hyatt Regency? \_\_\_\_\_

Will you require shuttle service? \_\_\_\_\_

## ENTRY FEES

To make this event a success, we need to know the number of participants very soon. Please indicate your interest in the competition by returning the entry form as early as possible. **Deadline is April 30, 2009.**

Entry fees include transportation, breakfast, lunch, and snacks only for competitors on their competition day. **Entry fees do not include hotel, dinners, or the banquet.**

. Early registration fee (before April 30, 2009):  
**\$175** for nonriders; **\$200** for riders

. Late registration fee (after April 30, 2009): **\$250**  
**NO APPLICATIONS WILL BE ACCEPTED AFTER MAY 15, 2009.**

. Double entry fee (extra **\$50** per division) \$\_\_\_\_\_

. Banquet tickets \$40 each

Number: \_\_\_\_ \$\_\_\_\_\_

T-shirts **\$25** each: \_\_\_\_ Sizes: \_\_\_\_\_ \$\_\_\_\_\_

**Total fees: \$\_\_\_\_\_**

Please make checks payable to West Coast Pentathlon. To complete your entry, fill out pages 6 and 7 of this entry form and sign the attached waivers and mail to the address below. **Checks must be included with entry.**

**All fees are due and payable by April 30, 2009.**

**WAIVERS:** The attached waivers must be signed by the applicant and parent or legal guardian if the applicant is under 18 years of age and returned with the application. You will not be allowed to compete without a signed waiver.

Mail entry packets to:  
Connie Ballard  
Event Secretary  
3863 Lilac Canyon Lane  
Altadena, CA 91001

For more information:

- For general inquiries, contact Pat Duffy, Event President, at [p171duffy@aol.com](mailto:p171duffy@aol.com) or call her at 1-415-892-4242
- For information about registration, contact Connie Ballard at [ballardcon@aol.com](mailto:ballardcon@aol.com) or call 1-626-993-7828.