

SCHEDULE OF EVENTS

<u>MONDAY JUNE 28, 2010</u>		
2010 Junior Olympic Check-In and Weigh in for 6-7 & 10-11 sparring only.	8:30 am - 12:00 pm & 3 pm – 9 pm	Orange County Convention Center – N220
Coach Seminar (Level 1 - Introduction to Sport Taekwondo)	TBD	Orange County Convention Center – N210
Coach Seminar (Coach's Edge)	TBD	Orange County Convention Center – N210

<u>TUESDAY JUNE 29, 2010</u>		
2010 Junior Olympic Check-In and Weigh in for All Forms, Sport Poomsae, Weapons, Board Breaking, Team Forms and Demo Team divisions	8:30 am - 12:00 pm & 3 pm – 9 pm	Orange County Convention Center – N220
6-7 & 10-11 Sparring	9 am	OCCC – North Hall A

<u>WEDNESDAY JUNE 30, 2010</u>		
2010 Junior Olympic Check-In and Weigh in for 8-9 & 12-13 Sparring	8:30 am - 12:00 pm & 3 pm – 9 pm	Orange County Convention Center – N220
All Forms, Sport Poomsae, Weapons, Board Breaking, Team Forms and Demo Team divisions	9 am	OCCC – North Hall A
Opening Ceremony	Immediately Following Day's Competition	OCCC – North Hall A

<u>THURSDAY JULY 1, 2010</u>		
2010 Junior Olympic & Poomsae Team Trials Check-In for all 19+ Poomsae Team Trials, 2nd Team & 2nd Pairs Registration and weigh in for all 14-17 sparring	8:30 am - 12:00 pm & 3 pm – 9 pm	Orange County Convention Center – N220
8-9, 12-13 Sparring	9 am	OCCC – North Hall A



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2010 SN/JO Taekwondo Championships



FRIDAY JULY 2, 2010.

2010 National Championships & Poomsae Team Trials Check-In for 14-18 Juniors, 1st Team & 1st Pairs and weigh in for Poomsae, Sport Poomsae, Weapons, Breaking, Team Forms & 18+ Color Belt, Grass Root & Ultra Sparring	8:30 am - 12:00 pm & 2 pm – 6pm	Orange County Convention Center – N220
14-17 All Belts Sparring & 19+ Poomsae Team Trials & 2nd Team & 2nd Pairs	9 am	OCCC – North Hall A
Coach Seminar (Level 1 - Introduction to Sport Taekwondo)	TBD	Orange County Convention Center – N210
Coach Seminar (Coach's Edge)	TBD	Orange County Convention Center – N210

SATURDAY JULY 3, 2010

2010 Senior National Championships Check-In and weigh in for 18-32 World Class Sparring	8:30 am – 12:00 pm & 2 pm – 6 pm	Orange County Convention Center – N220
Poomsae, Sport Poomsae, Weapons, Breaking, Team Forms & 18+ Color Belt, Grass Root & Ultra Sparring	9 am	OCCC – North Hall A
2010 U.S. National Poomsae Team Trials	9 am	OCCC – North Hall A

SUNDAY JULY 4, 2010

2010 Senior National Championships late credential pick up	8:30 am	Orange County Convention Center – N220
18-32 World Class Sparring	9 am	OCCC – North Hall A

