

2010 USA TAEKWONDO CIDP LEVEL 2 SEMINAR



PROGRAM DESCRIPTION AND INFORMATION

USA Taekwondo is offering a Level 2 seminar of the Coach Identification and Development Program (CIDP). The Level 2 seminar is a two-day seminar taking place at the United States Olympic Training Center in Colorado Springs, Colorado, to provide the optimal conditions to refine and improve the skills and knowledge of coaches in the sport of Olympic-style Taekwondo. The seminar will cover the technical, tactical, and strategic components of sport Taekwondo along with the elements of sports science to equip our coaches with the necessary tools to build the best athletes in the world!

The CIDP Level 2 Seminar, *Developing Taekwondo Athletes and Coaches*, is a great opportunity for coaches to continue their education and advance along the *USA Taekwondo* coaching pipeline. The curriculum of the seminar will consist of the following topics:

- Developing Techniques
- Tactics—Strategies in Matches and in Competition
- Developing Taekwondo Techniques and Skills
- Competency Coaching
- Coaching Methodology and Athlete Decision-making
- Match Analysis and Scouting
- Planning for Competition
- Strength and Conditioning
- Sport Psychology

The training sessions will be conducted by the *USA Taekwondo* National Team Coaching staff.

The seminar is scheduled to take place on August 13th and 14th. Therefore, coaches should plan on arriving into Colorado Springs (COS) on Thursday evening, August 12th and departing for home on Sunday morning, August 15th.

In order to provide the best learning environment possible, the seminar is limited to 25 coaches on a first come, first served basis. So apply now to ensure your spot for this wonderful opportunity!

The cost for the CIDP Level 2 Seminar is \$400.00, however, Level 1 coaches who took the 2010 Coaches' Edge Seminar will receive a \$50.00 credit for participating in this program. The registration fee will cover room, board, and instruction at the U.S. OTC for the dates of the seminar (August 12th - 14th). If coaches prefer to make their own housing arrangements, the cost for tuition only is \$300.00 and they would receive a \$50.00 credit on the tuition, if they took the 2010 Coaches' Edge seminar.

Coaches must be current members of USA Taekwondo and be certified as Level 1 coaches in order to participate.



CIDP LEVEL 2 SEMINAR
SEMINAR DATES: AUGUST 12 - 15, 2010

First Name: _____ Last Name: _____

Address: _____ Apt No.: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

Email: _____

Date of Birth: _____ Age: _____ Gender: **M** **F**

Resident Status (Please circle one) U.S. Citizen U.S. Resident Other. If other, _____
(Please list)

USAT Membership #: _____ Are you a CIDP Level 1 Coach?: Yes No

All participants must be current USAT members, must be able to verify their CIDP Level 1 status, must be 12 years old or older (to comply with OTC housing policies), and provide payment of the seminar registration fee in order to participate.

By signing this form, I acknowledge that I understand and accept the rules and regulations of the USAT CIDP Level 2 Seminar.

Signature: _____ Date: _____

Seminar Fee: \$400.00 (w/ housing at OTC) \$350.00 (w/ housing at OTC & '10 Coaches' Edge)
(please circle one) \$300.00 (NO housing at the OTC) \$250.00 (NO housing at OTC & '10 Coaches' Edge)

Please check Payment Type (*Please make cashier's check/money order payable to USA Taekwondo - Personal and Business checks can not be accepted*).

____ Cashier's Check/Money Order ____ Visa ____ MasterCard ____ Discover ____ AMEX

Credit Card #: _____ Expiration Date: _____ Security Code: _____

Print Name of Card Holder: _____ Zip Code of Card Holder: _____

Signature of Card Holder: _____

Please submit this application by mail or by fax with b.) the USAT Code of Conduct, c.) Medical Consent Form, d.) Waiver and Release of Liability Form, and e.) payment to the info listed below:

**USA Taekwondo • CIDP Level 2 Seminar • One Olympic Plaza • Suite 104C
Colorado Springs, CO 80909
FAX: (719) 866-4642**

2010 USAT CIDP LEVEL 2 SEMINAR

USA TAEKWONDO – COACH CODE OF CONDUCT

The following outline is the Code of Conduct for USA Taekwondo (USAT). The Code is for all athletes, coaches, and staff members to fully abide by when participating in any and all USA Taekwondo coaching seminars. Failure to comply with the following guidelines can result in the removal from a coaching seminar, dismissal from future USAT coaching seminars, and/or the complete suspension from participation as an athlete, coach, or staff member in future USAT coaching seminars and events.

1. One will act in a manner consistent with the spirit of fair play and responsible conduct.
2. One will acknowledge, respect and adhere to the authority of USA Taekwondo appointed coaching seminar staff if necessary.
3. One will fully comply with USA Taekwondo (USAT) uniform requirements.
4. One will refrain from the excessive use of performance-limiting drugs, including, but not limited to, tobacco and alcohol.
5. One will refrain from using any substance on the Olympic Movement Anti-Doping Code, as enforced by USADA.
6. One will abide by the policies and rules established by USAT and the USOC.
7. One will respect others, including other coaches, athletes, officials, and spectators.
8. One will not engage in, nor tolerate, any form of verbal, physical or sexual abuse toward other coaches, athletes, officials, and spectators.
9. One will respect the property of others.
10. One will refrain from illegal or inappropriate behavior that would deter from a positive image of oneself and USA Taekwondo.
11. One will maintain a positive attitude and act in a way that will bring honor to oneself, the staff, the sport of Taekwondo, USA Taekwondo and the United States of America.
12. One will remember that he/she is an ambassador of USA Taekwondo, his/her country and the Olympic movement.

USA Taekwondo recognizes that this Code does not establish a comprehensive set of rules that prescribes to every aspect of appropriate behavior.

Participant's Printed Name

Participant's Signature

Date

Parent/Guardian's Printed Name

Parent/Guardian Signature

Date



2010 USAT CIDP LEVEL 2 SEMINAR

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against USA Taekwondo and for its states and district associations, this coaching program, its organizing committee, the United States Olympic Committee, the 2010 USAT Coach Identification and Development Program (CIDP) Level 2 Seminar, the World Taekwondo Federation, and all members of this coaching seminar, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the seminar takes place, assignees and against any participant for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above coaching seminar, or which may arise out of traveling to, participating in, and returning from this coaching seminar. I understand that all registration fees are nonrefundable.

- I understand the nature of USA Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this coaching seminar. I understand that USA Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the coaching program.

- If the minor child or I are selected, I agree to be drug tested pursuant to the United States Olympic Committee National Anti-Doping Program, as amended. I understand that such drug testing may take place at any time during the event. If the minor child or I fail to show up at the coaching seminar, for any reason, I knowingly forfeit this seminar and all applicable registration fees. I further understand that any pictures taken of the minor child or I in connection with this coaching seminar may be used by USA Taekwondo for publicity or promotion without compensation.

- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name	Participant's Signature	Date
Parent/Guardian's Printed Name	Parent/Guardian Signature	Date

2010 USAT CIDP LEVEL 2 SEMINAR

USA TAEKWONDO CONSENT FOR MEDICAL TREATMENT - COACH

I, _____, consent to medical treatment for athletic related injuries/illnesses by USA TAEKWONDO Medical Personnel and/or Hospital Medical Staff. I authorize treatment by such personnel in the event of injury or illness.

(Coach's Signature)

(Date)

As a parent or legal guardian of _____, who is under the age of 18, I hereby authorize medical treatment in the event of an injury or illness while he/she is participating in a USA TAEKWONDO coaching seminar by a member of the USA TAEKWONDO Medical Personnel and/or Hospital Medical Staff.

(Parent/Guardian Signature)

(Date)

All medical evaluations completed by USA TAEKWONDO Medical Personnel for athletic related injuries are considered confidential and will be filed at the USA TAEKWONDO National Office. Copies of medical injury forms can be requested verbally from the USA TAEKWONDO Medical Coordinator by the injured coach or parent of a minor coach at the time of injury or requested in writing following the coaching seminar. The original injury report form will remain on file in the USA TAEKWONDO National Office. No information about an individual coach will be released without that coach's permission. Information pertaining to injury data without using a coach's name will be released to the Medical Director, the Medical Coordinator, or their assistants for purposes of injury research or recommendations for safety rule changes only. A coach's name and injury will only be released in cases pertaining to head injuries requiring the coach to not compete for 30 days per USA Taekwondo and World Taekwondo Federation rules, if he or she is also an athlete member and is competing at USAT events. This information will be released to the Medical Director, Medical Coordinator, Referee Chairperson, Events Specialists, National Events Director, Chief Executive Officer, and/or Executive Committee for purposes of enforcing the 30-day-out rule in compliance with USA TAEKWONDO and WTF rules. I have read and understand the above information as it pertains to my medical records of injury or illness which may occur and be treated at USA Taekwondo coaching seminars.

(Coach's Signature)

(Parent/Guardian Signature)

(Date)

INSURANCE INFORMATION:

Primary Insurance Company: _____

Insurance Address: _____

Insurance Phone Number: _____ Policy #: _____

Claimant's Name (Please print): _____