

2009 State Championship Age and Citizenship Requirements

For all World Class Divisions the rules that apply are listed below.

AGE	Belts	US CITIZENSHIP OR RESIDENCY	RULES
8-9 10-11	Yellow Green Blue Red Black	Must be US Citizen	USAT/WTF Modified Rules No Head Contact for color belts Junior Safety rules for black belts
12-13	Yellow Green Blue Red Black	Must be US Citizen	USAT/WTF Modified Rules Junior Safety rules for all belts
14-17	Black	Must be US Citizen	USAT/WTF Modified Rules
14 & Older Senior Division	Black	Must be US Citizen	USAT/WTF Modified Rules
14 & Older Competition Poomsae	Black	Must be US Citizen	USAT / WTF Modified Rules

- For all additional divisions USAT / WTF Modified Rules apply. USAT would suggest the state organization follow the USAT National event guidelines and allow “no head contact” for all divisions that are not qualifying divisions. Complete USAT competition rules can be downloaded at <http://taekwondo.teamusa.org/content/index/2604>.
- For all other divisions’ participants can be U.S. Residents. The identification needed to prove U.S. Residency if not already proven on the USAT Database is any documentation that shows the participant lives in the U.S. For Example; Drivers License, Library card, Report card, Utility Bills, etc.

2009 State Championship Divisions

World Class Sparring Divisions (required)

Min Age		Max Age		Min Age to Register		Max Age to Register		Gender	Belt	Division Name	Min Kg	Max Kg	Lbs.	Lbs.
8	9	8	9	M/F	Yellow	Fin	0	25	0	55.1				
					Green	Bantam	25.1	30	55.2	66				
					Blue	Light	30.1	36	66.1	79.4				
					Red	Middle	36.1	42	79.5	92.6				
					Black	Heavy	42.1	999	92.5	999				
10	11	10	11	M/F	Yellow	Fin	0	30	0	66				
					Green	Bantam	30.1	35	66.1	77.2				
					Blue	Light	35.1	41	77.3	90.4				
					Red	Middle	41.1	46	90.5	101.4				
					Black	Heavy	46.1	999	101.5	999				
12	13	12	13	F		Fin	0	32	0	70.5				
						Bantam	32.1	37	70.6	81.6				
					Yellow	Light	37.1	43	81.6	94.8				
					Green	Middle	43.1	48	94.9	101.4				
					Blue	Heavy	48.1	999	101.5	999				
				M	Red	Fin	0	34	0	74.9				
					Black	Bantam	34.1	40	75	88.2				
						Light	40.1	45	88.3	99.2				
						Middle	45.1	51	99.3	112.4				
						Heavy	51.1	999	112.5	999				
14	17	14	17	F	Black	FIN	0	42	0	92.6				
						FLY	42.1	44	92.7	97				
						BANTAM	44.1	46	97.1	101.4				
						FEATHER	46.1	49	101.5	108				
						LIGHT	49.1	52	108.1	114.6				
						WELTER	52.1	55	114.7	121.3				
						LIGHT MIDDLE	55.1	59	121.4	130.1				
						MIDDLE	59.1	63	130.2	138.9				
						LIGHT HEAVY	63.1	68	139	149.9				
						HEAVY	68.1	999	150	999				
				M		FIN	0	45	0	99.2				
						FLY	45.1	48	99.3	105.8				
						BANTAM	48.1	51	105.9	112.4				
						FEATHER	51.1	55	112.5	121.3				
						LIGHT	55.1	59	121.4	130.1				
						WELTER	59.1	63	130.2	138.9				
						LIGHT MIDDLE	63.1	68	139	149.9				
						MIDDLE	68.1	73	150	160.9				
						LIGHT HEAVY	73.1	78	161	172				
						HEAVY	78.1	999	172.1	999				
18	32	14	99	F	Black	Fin	0	47	0	103.6				
						Fly	47.1	51	103.7	112.4				
						Bantam	51.1	55	112.5	121.3				
						Feather	55.1	59	121.4	130.1				
						Light	59.1	63	130.2	138.9				
				M		Welter	63.1	67	139	147.7				
						Middle	67.1	72	147.8	158.7				
						Heavy	72.1	999	158.8	999				
						Fin	0	54	0	119				
						Fly	54.1	58	119.1	127.9				
				Co-ed		Bantam	58.1	62	128	136.7				
						Feather	62.1	67	136.8	147.7				
						Light	67.1	72	147.8	158.7				
						Welter	72.1	78	158.8	172				
						Middle	78.1	84	172.1	185.2				
Heavy	84.1	999	185.3	999										

Competition Poomsae (required to compete in Poomsae TT)

Min Age	Max Age	Min Age to Register	Max Age to Register	Gender	Belt	Division Name	Min Kg	Max Kg	Lbs.	Lbs.	
14	18	14	18	F	Black 1st - 9th Dan	Juniors	0	999	0	999	
19	30	19	30			1st Seniors	0	999	0	999	
31	40	31	40			2nd Seniors	0	999	0	999	
41	50	41	50			1st Masters	0	999	0	999	
51	999	51	999			2nd Masters	0	999	0	999	
14	35	14	35			1st Female Team	0	999	0	999	
36	999	36	999			2nd Female Team	0	999	0	999	
14	35	14	35			M	1st Pairs	0	999	0	999
36	999	36	999				2nd Pairs	0	999	0	999
14	18	14	18				Juniors	0	999	0	999
19	30	19	30	1st Seniors			0	999	0	999	
31	40	31	40	2nd Seniors			0	999	0	999	
41	50	41	50	1st Masters			0	999	0	999	
51	999	51	999	2nd Masters			0	999	0	999	
14	35	14	35	1st Male Team			0	999	0	999	
36	999	36	999	2nd Male Team			0	999	0	999	

2009 State Championship Divisions

Check Box to add divisions	Junior Forms (Optional)												
	Min Age	Max Age	Belt		Gender	Name	Min Kg	Max Kg	Lbs.	Lbs.			
0	5	White	Yellow			M / F							
		Green	Blue										
		Red	Blue										
		Black		1st Dan thru 4th Dan				Light	0	23	0	50.7	
								Heavy	23.1	999	50.8	999	
6	7	White	Yellow			M / F							
		Green	Blue										
		Red	Blue										
		Black		1st Dan thru 4th Dan				Light	0	23	0	50.7	
								Heavy	23.1	999	50.8	999	
8	9	White	Yellow			M / F							
		Green	Blue										
		Red	Blue										
		Black		1st Dan thru 4th Dan				Light	0	30	0	66.1	
								Heavy	30.1	999	66.2	999	
10	11	White	Yellow			M / F							
		Green	Blue										
		Red	Blue										
		Black		1st Dan thru 4th Dan				Light	0	35	0	77.2	
								Heavy	35.1	999	77.3	999	
12	13	White	Yellow			F							
		Green	Blue										
		Red	Blue					M					
		Black		1st Dan thru 4th Dan				Light	0	37	0	81.6	
								Heavy	37.1	999	81.7	999	
								Light	0	40	0	88.2	
								Heavy	40.1	999	88.3	999	
14	15	White	Yellow			F							
		Green	Blue										
		Blue	Blue					M					
		Red		1st Dan thru 4th Dan				Light	0	55	0	121.3	
								Heavy	55.1	999	121.4	999	
								Light	0	63	0	138.9	
								Heavy	63.1	999	139	999	
14	17					F							
		Black				Black		M					
		1st Dan thru 4th Dan		1st Dan thru 4th Dan				Fin	0	44	0	97	
								Bantam	44.1	49	97.1	108	
								Light	49.1	55	108.1	121.3	
								Middle	55.1	63	121.4	138.9	
								Heavy	63.1	999	139	999	
								Fin	0	48	0	105.8	
								Bantam	48.1	55	105.9	121.3	
								Light	55.1	63	121.4	138.9	
								Middle	63.1	73	139	160.9	
								Heavy	73.1	999	161	999	

Check Box to add divisions	Senior Forms (Optional)											
	Min Age	Max Age	Min Age to Reg.	Max Age to Reg.	Belt	Gender	Name	Min Kg	Max Kg	Lbs.	Lbs.	
18	99	14	99			F		Light	0	61	0	134.5
							M		Heavy	61.1	999	134.6
								Light	0	70	0	154.3
								Heavy	70.1	999	154.4	999

Check Box to add divisions	Ultra Forms (Optional)												
	Min Age	Max Age	Min Age to Reg.	Max Age to Reg.	Belt	Gender	Name	Min Kg	Max Kg	Lbs.	Lbs.		
33	40	33	99			F		Light	0	66	0	145.5	
				Green	Blue								
										M		Light	0
								Heavy	66.1	999	145.6	999	
								Light	0	73	0	160.9	
								Heavy	73.1	999	161	999	
41	50	41	99			F		Light	0	66	0	145.5	
				Green	Blue								
										M		Light	0
								Heavy	66.1	999	145.6	999	
								Light	0	73	0	160.9	
								Heavy	73.1	999	161	999	
51	99	51	99			F		Light	0	66	0	145.5	
				Green	Blue								
										M		Light	0
								Heavy	66.1	999	145.6	999	
								Light	0	73	0	160.9	
								Heavy	73.1	999	161	999	

2009 State Championship Divisions

Check Box to add divisions	Grass Roots Junior Sparring Divisions (Optional)										
	Min Age	Max Age	Min Age to Register	Max Age to Register	Gender	Belt	Division Name	Min Kg	Max Kg	Lbs.	Lbs.
	0	5	0	5	M / F	White					
						Yellow	Fly	0	24	0	52.9
						Green	Feather	24.1	30	53	66.1
						Blue	Welter	30.1	35	66.2	77.2
						Red	Heavy	35.1	999	77.3	999
						Black					
	6	7	6	7	M / F	White					
						Yellow	Fly	0	24	0	52.9
						Green	Feather	24.1	30	53	66.1
						Blue	Welter	30.1	35	66.2	77.2
						Red	Heavy	35.1	999	77.3	999
						Black					
	8	9	8	9	M / F		Fin	0	25	0	55.1
							Bantam	25.1	30	55.2	66.1
						White	Light	30.1	36	66.2	79.4
							Middle	36.1	42	79.5	92.6
							Heavy	42.1	999	92.7	999
							Black				
	10	11	10	11	M / F		Fin	0	30	0	66.1
							Bantam	30.1	35	66.2	77.2
						White	Light	35.1	41	77.3	90.4
							Middle	41.1	46	90.5	101.4
							Heavy	46.1	999	101.5	999
							Black				
	12	13	12	13	F		Fin	0	32	0	70.5
							Bantam	32.1	37	70.6	81.6
						White	Light	37.1	43	81.7	94.8
							Middle	43.1	48	94.9	105.8
							Heavy	48.1	999	105.9	999
					M		Fin	0	34	0	74.9
							Bantam	34.1	40	75	88.2
						White	Light	40.1	45	88.3	99.2
							Middle	45.1	51	99.3	112.4
							Heavy	51.1	999	112.5	999
	14	15	14	15	F		Fin	0	42	0	92.6
							Fly	42.1	44	92.7	97
							Bantam	44.1	46	97.1	101.4
							Feather	46.1	49	101.5	108
							Light	49.1	52	108.1	114.6
							Welter	52.1	55	114.7	121.3
							Light Middle	55.1	59	121.4	130.1
						White	Middle	59.1	63	130.2	138.9
						Yellow	Light Heavy	63.1	68	139	149.9
						Green	Heavy	68.1	999	150	999
					M	Blue	Fin	0	45	0	99.2
						Red	Fly	45.1	48	99.3	105.8
							Bantam	48.1	51	105.9	112.4
							Feather	51.1	55	112.5	121.3
							Light	55.1	59	121.4	130.1
							Welter	59.1	63	130.2	138.9
							Light Middle	63.1	68	139	149.9
							Middle	68.1	73	150	160.9
							Light Heavy	73.1	78	161	172
							Heavy	78.1	999	172.1	999
F	Black	SUPERFIN	0	37	0	81.6					
M	Black	SUPERFIN	0	40	0	88.2					
	16	17	16	17	F		Fin	0	42	0	92.6
							Fly	42.1	44	92.7	97
							Bantam	44.1	46	97.1	101.4
							Feather	46.1	49	101.5	108
							Light	49.1	52	108.1	114.6
							Welter	52.1	55	114.7	121.3
							Light Middle	55.1	59	121.4	130.1
						White	Middle	59.1	63	130.2	138.9
						Yellow	Light Heavy	63.1	68	139	149.9
						Green	Heavy	68.1	999	150	999
					M	Blue	Fin	0	45	0	99.2
						Red	Fly	45.1	48	99.3	105.8
							Bantam	48.1	51	105.9	112.4
							Feather	51.1	55	112.5	121.3
							Light	55.1	59	121.4	130.1
							Welter	59.1	63	130.2	138.9
							Light Middle	63.1	68	139	149.9
							Middle	68.1	73	150	160.9
							Light Heavy	73.1	78	161	172
							Heavy	78.1	999	172.1	999
F	Black	SUPERFIN	0	37	0	81.6					
M	Black	SUPERFIN	0	40	0	88.2					

2009 State Championship Divisions

Check Box to add divisions	Grass Roots Senior Sparring Divisions (Optional)															
	Min Age	Max Age	Min Age to Register	Max Age to Register	Gender	Belt	Division Name	Min Kg	Max Kg	Lbs.	Lbs.					
	18	32	14	99	F		Fin	0	47	0	103.6					
											Fly	47.1	51	103.7	112.4	
											Bantam	51.1	55	112.5	121.3	
											Feather	55.1	59	121.4	130.1	
											Light	59.1	63	130.2	138.9	
											White	Welter	63.1	67	139	147.7
											Yellow	Middle	67.1	72	147.8	158.7
									M	Green	Heavy	72.1	999	158.8	999	
										Blue	Fin	0	54	0	119	
										Red	Fly	54.1	58	119.1	127.9	
											Bantam	58.1	62	128	136.7	
											Feather	62.1	67	136.8	147.7	
											Light	67.1	72	147.8	158.7	
											Welter	72.1	78	158.8	172	
						Middle	78.1	84	172.1	185.2						
						Heavy	84.1	999	185.3	999						

Check Box to add divisions	Ultra Sparring Divisions (Optional)															
	Min Age	Max Age	Min Age to Register	Max Age to Register	Gender	Belt	Division Name	Min Kg	Max Kg	Lbs.	Lbs.					
	33	40	33	99	F		Fin	0	51	0	112.4					
											White	Bantam	51.1	59	112.5	130.1
											Yellow	Light	59.1	67	130.2	147.7
											Green	Heavy	67.1	999	147.8	999
											Blue	Fin	0	58	0	127.9
									M	Red	Bantam	58.1	67	128	147.7	
										Black	Light	67.1	78	147.8	172	
											Heavy	78.1	999	172.1	999	
					41	50	41	99		F		Fin	0	51	0	112.4
																White
											Yellow	Light	59.1	67	130.2	147.7
											Green	Heavy	67.1	999	147.8	999
											Blue	Fin	0	58	0	127.9
									M	Red	Bantam	58.1	67	128	147.7	
										Black	Light	67.1	78	147.8	172	
											Heavy	78.1	999	172.1	999	
	51	99	51	99						F		Fin	0	51	0	112.4
																White
											Yellow	Light	59.1	67	130.2	147.7
											Green	Heavy	67.1	999	147.8	999
											Blue	Fin	0	58	0	127.9
									M	Red	Bantam	58.1	67	128	147.7	
										Black	Light	67.1	78	147.8	172	
											Heavy	78.1	999	172.1	999	

