

KANSAS STATE TKD 2010

CHAMPIONSHIPS

SATURDAY - March 27, 2010

REGISTER BY 3.20

USAT NATIONALS QUALIFIER

LAJUST ELECTRONIC SCORING

USAT SANCTIONED

USAT CERTIFIED REFEREES

OPEN FORMS COMPETITION

Qualify for Nationals in Orlando!



JOHNSON COUNTY COMMUNITY COLLEGE

12345 College Blvd - Overland Park, KS 66210

913.897.1300

KANSASTKD.ORG



Martial Arts school
management, *simplified.*





Dear Taekwondo Athletes, Coaches, Officials and Supporters:

We would like to personally welcome you to the Kansas State Championships of 2010. Through dedication, organization, and hard work, we are doing our best to provide the best experience for everyone at all levels and abilities to learn about competitive Taekwondo.

This event will be hosted by the Kansas State Taekwondo Association, which is the only USAT recognized organization in the state of Kansas. The championships will be an official, USA Taekwondo sanctioned event for players to qualify for Jr. and Sr. Nationals in Orlando, Florida.

These are exciting times for martial arts and especially Taekwondo. The growth that has been seen over the past few years will only be continued if we encourage sound fundamentals, build foundations, and develop solid relationships. We truly hope that you will come and experience our first of what we hope will be many events in the future. We look forward to your support of the Kansas Taekwondo Association and fortify our efforts to bring fun, exciting, and competitive events to our region.

We welcome you not only to the Kansas State Championships but to the future of Kansas State Taekwondo.

Sincerely,

Board of Directors
Kansas Taekwondo Association

REGISTRATION

REGISTER www.usat.hangastar.com

DEADLINE *Saturday, March 20th 2010 at 11:59 am*

DETAILS www.KSTaekwondo.org or (913) 897-1300

AT THE DOOR *Coaches only. All competitors must register ONLINE.*

GENERAL INFO

DATE Saturday, March 27th 2009

FEES *Athlete Fees*

Before March 13th - One Event, \$60 Two Events, \$80

Before March 20th - One Event, \$80 Two Events, \$100

Coaching Fees

\$50 per coach if registered at USAT website; \$60 at door.

Spectator Fee (pay at event)

\$10 Adults (13 & over), \$5 (7 - 12 yrs), FREE (6 & under)

TIMES *Saturday, March 27th*

Registration Opens 7:30 am

Weigh-In Open 7:30 - 9:30 am

Referee & Coaches Meeting 8:30 am

Competition Starts 10:00 am

Opening Ceremony 11:00 am

Sparring competitors report to holding area

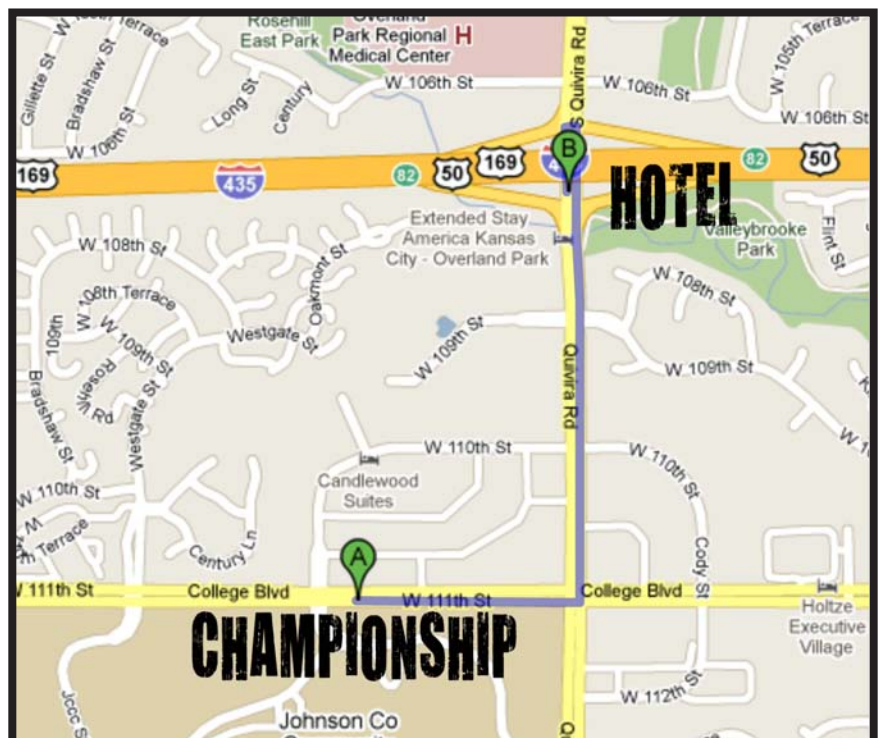
WHERE

*Johnson County
Community College*

*12345 College Blvd
Overland Park, KS 66210*

HOTEL

*Extended Stay America
10750 Quivira Road
Overland Park, KS 66210
(913) 661-9299*



RULES

- USAT Membership:** All competitors & coaches **MUST** be current USAT members attend event.
- Coaches:** Associate Coach certification not required. All coaches must have coach passes.
- Weigh in:** Friday, March 26th (6:00 - 9:00 pm)
Ko's Black Belt Academy - South OP
14820 Metcalf, Overland Park, KS 66223
OR
Friday, March 27th (7:30 - 9:00 am)
at tournament site.
- Format:** Single Elimination.

EQUIPMENT

- LaJust Socks** 14 - 17 year old competitors are required to have LaJust sensor socks for the competition. These can be purchased at www.LaJustSports.com or at the tournament site.
- Dobok** All contestants must wear a white Taekwondo V-neck uniform or dobok. Black belts must wear black collared uniforms. Color belts must wear white collared uniform (color belts cannot wear black collared uniforms). Patches, embroidery, logos, Team Names, Country Names, Athlete names, and stripes are permitted on uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed. **NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM.**
- Belts** Only WTF/USAT belt colors will be allowed (black, red, blue, green, and yellow). Belts with stripes will be allowed.
- Gloves** 14-17 year old and Senior Black belts are required to wear taekwondo gloves. Gloves may be red, blue, or white. If the competitor chooses to wear red or blue gloves, they must correspond with the chest protector. For all other divisions, gloves are optional and must comply with the above rule.
- Knee/Elbow Pads** The use of kneepads and/or elbow pads is **OPTIONAL** as long as they are the same material (foam, cloth, or vinyl) as the shin or instep protectors. Any color will be allowed.
- Mouth Guard** All athletes are **REQUIRED** to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition. Mouth guards may be any color.
- Headgear** Properly fitting Headgear – All participants must provide their own red, blue or white properly fitting headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.
- Chest protector** All athletes must provide their own red and blue full body WTF chest protector. Trunk protector (hogu) must cover valid scoring area, armpit to hip bone. All chest protectors must wrap around and cover the back of the athlete in the valid scoring area. All protectors must match the style of the picture below.
- Protective Cup** All male athletes are **REQUIRED** to wear a protective cup inside the pants during competition. This is optional for female athletes.
- Shin/Instep Protection** Shin and instep protectors are **REQUIRED** and they must be made of foam, cloth or vinyl products. The shin and instep protector may be red, blue, or white, but must correspond with your chest protector. If you choose to wear an instep pad, it must be taped on and it must cover the area from the base of the toes, over the top of the instep with no more than two layers of tape. Additional shin or instep protection must be stamped by the Sports Medicine Department for the purpose of protecting an injury.
- Important note: USA Taekwondo will no longer allow foot gloves to be used at any USAT Event. This is not WTF approved equipment, and therefore will no longer be allowed for use at USA Taekwondo events.**
- Forearm Guard** Forearm guards are **REQUIRED** and it is mandatory that athletes get foam, cloth, or vinyl products.

OK!



OK!



NO!





Referee Certification Seminar

WHAT

Become a USAT Certified Referee! This special event will be held in conjunction with the USAT State Championship. Referees who attend this seminar and work the event will receive credit toward certification and/or upgrade.

WHERE

Ko's Black Belt Academy
(South OP location)
14820 Metcalf Ave
Overland Park, KS 66223

WHERE

Saturday, March 6th (8:45 am - 5:00 pm)

WHO

This is open to all black belts over the age of 16 years old, regardless of referee knowledge and experience. This is a great opportunity to get first hand experience at the State Championship.

BRING

Taekwondo doboek (uniform), notebook & pen

COST

\$60 per participant

REGISTER

Fill out enclosed referee seminar application and mail, email, or fax to:

Kansas Taekwondo Association
14820 Metcalf
Overland Park, KS 66223

CONTACT

Jack Hair
jack@kstaekwondo.org
phone: 913-829-2929
fax: 913-322-2624



Referee Certification Seminar Application

Name: _____ Age: _____ Gender: M F

Date of Birth: ____ / ____ / ____ Citizenship: US Citizen US Resident Other

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Taekwondo School Name: _____

USAT membership #: _____

Referee Classification: _____

Black Belt Rank: _____ Black Belt #: _____

All participants must be at least 16 years old, 2008 USA Taekwondo athlete and/or referee member, provide proof of 1st degree black belt certification or higher, and pay seminar fee in order to be eligible to receive Referee Certification.

I hereby pledge to accept the Rules and Regulations of the USAT and the Referee Development Program.

Signature: _____ Date: _____

PAYMENT

NO PERSONAL OR BUSINESS CHECKS ACCEPTED

CASH MONEY ORDER CASHIER'S CHECK VISA MC AMX DISCOVER

CARD NUMBER: _____ EXP: ____ / ____ / ____

BILLING ADDRESS: _____ ZIP: _____

CVS # ON BACK: _____ AMOUNT: \$ _____