

2010 Modern Pentathlon  
Valentine's Day Open  
(Youth A and Junior Qualifying Competition)

February 14, 2010  
Palm Springs/Rancho Mirage, CA

Invitation and registration information

Hosted by

**West Coast Pentathlon**

*Supporting amateur athletes in Modern Pentathlon*



*and*

Equestrian Centers International



## Welcome!

Our Valentine's Day Open is a qualifying event for Youth A and Juniors for World Championships. However, competitors from all divisions are welcome to compete. A mini camp will precede the competition and riding camp will follow. E-mail Pat Duffy at [p171duffy@aol.com](mailto:p171duffy@aol.com) for more information.

Note that all competitors must be members of USA Pentathlon. To join, visit [usapentathlon.org](http://usapentathlon.org). Please present a copy of your USAP card at registration.

### **SCHEDULE (tentative)**

#### **Saturday, February 13**

11 a.m. to 1 p.m.	Registration and check in at hotel
2 to 4 p.m.	Jury ride at ECI
5 to 7 p.m.	Registration/Weapons check at hotel ballroom
7 to 8 p.m.	Technical meeting (Please note that all registration and weapons check must be completed before the technical meeting.)
8 to 8:30 p.m.	Volunteer info session

#### **Sunday, February 14**

6:30 a.m.	Warm up at pool
7 to 7:30 a.m.	Swim
8 a.m. to 10:30 a.m.	Fencing
11 to 11:30	Lunch at ECI
11:30 to noon	Volunteer training and set up for run/shoot
Noon to 2 p.m.	Run/shoot at ECI
2 to 4 p.m.	Ride at ECI
4:30 p.m.	Awards at ECI

### **ACCOMMODATIONS**

We are staying at the Holiday Inn in Palm Springs. We have rooms reserved for a rate of \$130 plus tax (an excellent rate for high season in the desert). Each room has two double beds and will sleep four. To obtain this special rate, call the hotel at 760-323-1711 and say you are with the Modern Pentathlon group. Competitors are responsible for making their own room arrangements.

The hotel address is:

Holiday Inn  
1800 East Palm Canyon Drive  
Palm Springs, CA 92264  
(760) 323-1711  
[www.hipalmsprings.com](http://www.hipalmsprings.com)

## TRANSPORTATION

Several airports service the Palm Springs area. The closest is Palm Springs International Airport (PSP), which is just minutes away. A free hotel shuttle is available for transportation to and from this airport for Holiday Inn guests.

Athletes can also fly in to Ontario International Airport (ONT), which is an hour away, or the Los Angeles International Airport (LAX), which is about a three-hour drive. However, participants would need to arrange their own private transportation from these airports.

A free shuttle service will also be provided for transportation between venues. This service will be limited to hotel guests only.

## FOOD

Breakfast items will be distributed to competitors upon check-in. Lunch will be provided for competitors and volunteers at the run/shoot venue. There is a grocery store across the street from the hotel and refrigerators in the rooms.

## REQUIRED EQUIPMENT

### Run/Shoot

The run/shoot rules specify:

- A pentathlete must wear athletic clothing.
- The pentathlete must wear a top with their **name clearly visible and professionally printed** on the back side of the top. Below the name should be the NF (nation) code, 7 to 12 cm high and in a contrasting color to the color of their shirt.
- Pentathletes must compete with athletics shoes, with or without spikes.

### Fencing

- Protective fencing clothing with fencer's surname and national code on the back of the jacket. We will have an armourer at the fencing venue who can do minor repairs and will have some fencing equipment and clothing for sale.

### Riding

- Breeches, jacket, shirt, and tie for men
- Breeches, jacket, and blouse for women
- Riding boots with heel
- ASTM-approved helmets are mandatory

Weapons Control will check fencing jackets, masks, epees, air pistols, and riding helmets. Please bring all equipment to the competition registration.

## DIVISIONS FOR COMPETITION

### Divisions (age on December 31, 2010)

- Youth E (10 and under)
- Youth D (11–12)
- Youth C (13–14)
- Youth B (15–16)
- Youth A (17–18)
- Junior (19–21)
- Senior (22 and older)
- Masters (Men 40 and older) (Women 35 and older)

Competing more than two divisions above your age category requires approval from the organizing committee. If there is an insufficient number of entries, Youth C, D and E will compete as Youth C.

**Fencing:** Fencing pools will be arranged after the technical meeting. No competitor will fence more than two levels above his/her division.

**Run/Shoot:** All divisions will participate in the combined run/shoot discipline with a handicapped start. According to the new rules, Youth A will have a 90-second time allowance for each shooting heat. Youth C, D, and E also have 90 seconds for shooting and run three 500-meter laps.

**Ride:** Riders must have a UIPM certification. Masters may choose whether to ride.

**Double entries:** Because of the different shooting time limit, Youth A cannot double enter as Juniors and/or Seniors. However, Juniors can double-enter as Seniors.

## VENUES

- **Run/Shoot and Ride:**  
Equestrian Centers International (ECI)  
35-050 Via Josefina  
Rancho Mirage, CA 92270.

CO<sub>2</sub> and compressed air will be available at the shooting range. The running will be on a flat mixed surface of compressed sand and asphalt.

- **Swim:**  
Palm Springs Swim Center  
405 S. Pavilion Way  
Palm Springs, CA 92262
- **Fencing:**  
Palm Valley School  
35525 DaVall Drive  
Rancho Mirage 92270

