

# Modern Pentathlon Winter Camp and Open Competition

December 27, 2009–January 2, 2010  
Palm Springs, CA

Invitation and registration information

Hosted by

**West Coast Pentathlon**

*Supporting amateur athletes in Modern Pentathlon*



*and*

Equestrian Centers International



## Welcome!

We are pleased to announce that we will again be hosting a winter training camp in balmy Palm Springs, California.

So as soon as you open your Christmas gifts, pack your (fencing) bags and hightail it to the desert for some fun in the sun.

This is a great place for families to decompress after the holiday stress. We also accept unaccompanied children over age 12. Campers will sleep four to a room with a chaperone.

This year, we'll be staying at the Holiday Inn in Palm Springs, a newly renovated resort that is within walking distance of shops and restaurants.

### **SCHEDULE (tentative)**

We will provide detailed schedules at camp but here's the general idea.

#### **Sunday, December 27**

Athletes will arrive and register at the Holiday Inn. Pentathletes will shoot, run, and fence this day.

#### **Monday, December 28—Thursday, December 31**

The day will begin with swimming at the nearby Palm Springs Pavilion. Then the campers will go to ECI in Rancho Mirage for riding, shooting, and running. Then they will return to the Holiday Inn, have dinner on their own and fence in the evenings.

#### **Friday, January 1**

A free day. However, campers can fence if they like.  
Registration for the competition and weapons check.  
Technical meeting.

#### **Saturday, January 2**

Competition day. Awards presented after the competition.

#### **Sunday, January 3**

Departures

## ACCOMMODATIONS

We are staying at the Holiday Inn in Palm Springs. Each room has two double beds and will sleep four campers. All minors will be chaperoned.

If you plan to attend as a family, your campers may pay the \$500 camp-only rate and stay in the room with your family. If you're just coming for the competition, call the hotel at 760-3231711 and tell them you are with the Modern Pentathlon group to secure your \$99 plus tax rate.

We will offer lunch for \$5 a person or campers can bring their own food. For breakfast and dinner, campers have a choice of inexpensive restaurants along the strip. Or they can pick up food at the nearby grocery store. There's a refrigerator in each room if kids want to bring food or snacks back to the room.

The hotel address is:

Holiday Inn  
1800 East Palm Canyon Drive  
Palm Springs, CA 92264  
(760) 323-1711  
[www.hipalmsprings.com](http://www.hipalmsprings.com)

## TRANSPORTATION

Several airports service the Palm Springs area. The closest is Palm Springs International Airport (PSP), which is just minutes away. A free hotel shuttle is available for transportation to and from this airport.

Athletes can also fly in to Ontario International Airport (ONT), which is an hour away, or the Los Angeles International Airport (LAX), which is about a three-hour drive. However, participants would need to arrange their own private transportation from these airports.

A free shuttle service will also be provided for transportation between venues. This service will be limited to hotel guests only.

## VENUES

- **Run/Shoot and ride:** Equestrian Centers International (ECI), Rancho Mirage. CO<sub>2</sub> and compressed air will be available at the shooting range. The running will be on a flat mixed surface of compressed sand and asphalt.
- **Swim:** Palm Springs Swim Center, Palm Springs.
- **Fencing:** Holiday Inn, Palm Springs.

## REQUIRED EQUIPMENT

### Run/Shoot

The new run/shoot rules specify:

- A pentathlete must wear athletic clothing.
- The pentathlete must wear a top with their **name clearly visible and professionally printed** on the back side of the top. Below the name should be the NF (nation) code, 7 to 12 cm high and in a contrasting color to the color of their shirt.
- Pentathletes must compete with athletics shoes, with or without spikes.

### Fencing

- Protective fencing clothing with fencer's surname and national code on the back of the jacket.

We will have an armourer at the fencing venue who can do minor repairs and will have some fencing equipment and clothing for sale.

### Riding

- Breeches, jacket, shirt, and tie for men
- Breeches, jacket, and blouse for women
- Riding boots with heel
- ASTM-approved helmets are mandatory

Weapons Control will check fencing jackets, masks, epees, air pistols, and riding helmets. Please bring all equipment to the competition registration.

## DIVISIONS FOR COMPETITION

### Divisions (age on December 31, 2009)

Youth E (10 and under)  
Youth D (11–12)  
Youth C (13–14)  
Youth B (15–16)  
Youth A (17–18)  
Junior (19–21)  
Senior (22 and older)  
Masters (Men 40 and older) (Women 35 and older)

All divisions will participate in the combined run/shoot discipline with a handicapped start. Youth and Masters will not ride.

If we do not have a sufficient number of entries, Youth D and E will compete as Youth C. Competing more than one division above your age category requires approval from the organizing committee. For more information, e-mail [p171duffy@aol.com](mailto:p171duffy@aol.com).

**ENTRY INFORMATION (CAMP AND COMPETITION)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Cell phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Age: \_\_\_\_ Birth date: \_\_\_\_\_ Gender: \_\_\_\_ UIPM # \_\_\_\_\_

Division: \_\_\_\_\_

If competitor is a minor, please provide the following parent/guardian information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Cell phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Arrival time/date: \_\_\_\_\_ Flight # \_\_\_\_\_

Departure time/date: \_\_\_\_\_ Flight # \_\_\_\_\_

If you are flying into Palm Springs International Airport, a hotel shuttle is available for guests of the Holiday Inn.

Will you be staying at the Holiday Inn? \_\_\_\_\_

## ENTRY FEES

To make this event a success, we need to know the number of participants very soon. Please indicate your interest in the camp and/or competition by returning the entry form as early as possible. **Deadline is December 1, 2009.**

Entry fees include transportation, lunch, and snacks on the competition day **for competitors only.**

- . Camp registration fee (includes competition and lodging)  
**\$500** for nonriders; **\$700** for riders
- . Camp registration fee (includes competition but not lodging)  
**\$300** for nonriders; **\$500** for riders
- . Competition registration fee (for competitors not in camp)  
**\$75** for nonriders; **\$100** for riders
- . Lunch during training days (December 25-31)  
**\$25**
- . Late registration fee (after December 1, 2009): Additional **\$50**  
**NO APPLICATIONS WILL BE ACCEPTED AFTER December 15, 2009.**

**Total fees: \$\_\_\_\_\_**

Please make checks payable to West Coast Pentathlon. To complete your entry, fill out pages 6 and 7 of this entry form and sign the attached waivers and mail to the address below. **Checks must be included with entry.**

**WAIVERS: The attached waivers must be signed by the applicant and parent or legal guardian if the applicant is under 18 years of age and returned with the application. You will not be allowed to compete without a signed waiver.**

Mail entry packets to:  
Connie Ballard  
Event Secretary  
3863 Lilac Canyon Lane  
Altadena, CA 91001

For more information:

- For general inquiries, contact Pat Duffy at [p171duffy@aol.com](mailto:p171duffy@aol.com) or call her at 1-415-892-4242
- For information about registration, contact Connie Ballard at [ballardcon@aol.com](mailto:ballardcon@aol.com) or call 1-626-993-7828.