



USA Volleyball is the National Governing Body for the sports of indoor and beach volleyball in the United States and is responsible for development of the sport at all levels and abilities from youth to adult seniors, and includes the Olympic and Paralympic team selection and training.

To get more involved with USAV and to find the club closest to you contact your local regional office. There are currently 40 Regional Volleyball Associations working in conjunction with USAV to grow the sport throughout the country.

USAV helps train coaches, officials, parents and players to compete in indoor, beach, grass, and sitting volleyball.



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USA Volleyball Boys' Junior National Championships

Austin, Texas
June 30—July 7, 2010

For details visit www.USAVolleyball.org

Did you know?

- ◆ A USA Volleyball team competed in 5 Gold Medal matches during the Olympic and Paralympic Games in Beijing—Winning three Gold and two Silver Medals—the most ever in Olympic Competition for any nation.
- ◆ There is only one boy playing organized volleyball in the United States for every 10 girls that play.
- ◆ Every member of the USA Men's Indoor Olympic Volleyball Team plays professionally overseas.
- ◆ The top 10 men's beach players have won a total of \$19,768,445 in professional earnings as of summer 2009.
- ◆ There are 998 million people in the world that play volleyball, the most of any sport. The second most played sport is basketball with 400 million. Only 252 million play soccer.
- ◆ Volleyball is considered a predominantly male sport in every country but the United States.
- ◆ There are 220 countries that have men's volleyball programs, more countries than participate in the United Nations (192 countries are UN members).
- ◆ USA Volleyball is the only country in the world to have teams playing in every Olympics starting in 1984.
- ◆ The USA Men's Indoor Volleyball Team has won three Olympic Gold medals and a Bronze medal starting at the 1984 Olympic Games.



USA Volleyball.

www.usavolleyball.org

715 S. Circle Drive
Colorado Springs, CO 80910

Phone: 719-228-6800

Fax: 719-228-6899

Email: postmaster@usav.org



PROMOTING HIGH SCHOOL BOYS' VOLLEYBALL



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Starting a Team at School

- Identify the interest level within the target population (petition drive—schools, clubs, community centers, differing age levels)
- Organize the interested players
- Organize parents of those players to help with logistics
- Determine if there is an existing boys' volleyball club or team that may help with logistics
- Contact the USAV Region and the state athletic association (if you are forming a high school team), and notify them of the potential of a team in your community
- Determine the cost associated with the new team, team fees and budgetary issues
- Tap into older players as coaches for younger teams
- Contact existing boys' teams to receive assistance in identifying potential coaches and to create a tentative schedule
- Seek USAV CAP certified coaches or attend a USAV Coaching Accreditation Program (CAP) yourself
- Develop a positive, supportive, working relationship with the head coach of girls' volleyball teams in your area
- Obtain permission to organize and advertise an official player meeting at the school, community centers and local businesses
- Consider indoor, grass or sand volleyball as options for programming with your new team
- Work with PE teachers at the schools to create volleyball programs that encourage boys to play
- Organize a volleyball clinic for younger players using older athletes as the clinicians
- Use local collegiate coaches and players to provide camp and clinic opportunities for your older players
- Develop a strategy to actively recruit new players through volleyball related activities
- Participate with adult teams and leagues
- Promote competitions and seek as much media attention as possible
- Use sand, grass, and coed events to advertise your efforts and to help recruit more players
- Set goals for the team such as participating in the USAV Boys Junior National Championships or regional events
- **HAVE FUN !**

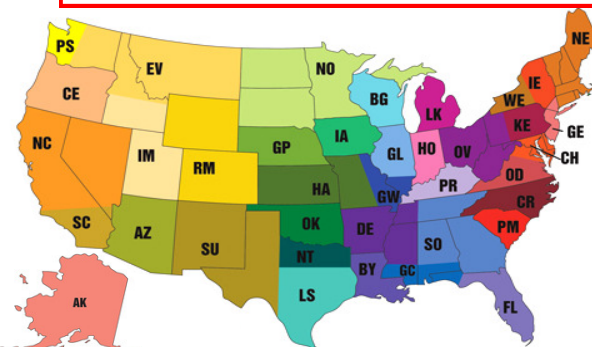


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Benefits

- * *Potential identification for the Olympic pipeline*
- * *Potential identification for collegiate scholarships*
- * *Low start-up and operating costs*
- * *Additional opportunity for boys to experience a fast-paced team sport*
- * *Opportunity to compete for additional league and state championships, regional championships of national championships*
- * *Opportunity to provide a sport that players want*
- * *High spectator and community interest*
- * *Attract significant financial supporters*
- * *Build interest within younger player populations*
- * *Generate interest in a life-long sport for a healthy lifestyle*
- * *Provide a structured setting and activity to condition for other sports*
- * *Positive social alternative for boys*
- * *Indoor, outdoor and disabled playing opportunities*

Find a Club in Your Area



USAV Regions:

- Alaska (AK) www.alaskavolleyball.com
- Aloha (AH) www.aloharegion.com
- Arizona (AZ) www.azregionvolleyball.org
- Badger (BG) www.badgervolleyball.org
- Bayou (BY) www.bayouvolleyball.com
- Carolina (CR) www.carolinaregionvb.org
- Chesapeake (CH) www.chrva.org
- Columbia Empire (CE) www.columbiaempirevolleyball.com
- Delta (DE) www.deltavolleyball.net
- Evergreen (EV) www.evergreenregion.org
- Florida (FL) www.usavfl.org
- Garden Empire (GE) www.geva.org
- Gateway (GW) www.gatewayvb.org
- Great Lakes (GL) www.greatlakesvolleyball.org
- Great Plains (GP) www.gpvb.org
- Gulf Coast (GC) www.gulfcoastvolleyball.org
- Heart of America (HA) www.hoavb.org
- Hoosier (HO) www.indianavolleyball.org
- Intermountain (IM) www.imvolleyball.org
- Iowa (IA) www.iavbreg.org
- Iroquois Empire (IE) www.ireva.org
- Keystone (KE) www.krva.org
- Lakeshore (LK) www.lakeshorevolleyball.org
- Lone Star (LS) www.lsvolleyball.org
- Moku O Keawe (MK) mokuregion@yahoo.com
- New England (NE) www.nevolleyball.org
- North Country (NO) www.ncrusav.org
- North Texas (NT) www.ntrvolleyball.org
- Northern California (NC) www.ncva.com
- Ohio Valley (OV) www.ovr.org
- Oklahoma (OK) www.okrva.com
- Old Dominion (OD) www.odrvb.org
- Palmetto (PM) www.palmettovb.com
- Pioneer (PR) www.pioneervb.com
- Puget Sound (PS) www.pugetsoundvb.org
- Rocky Mountain (RM) www.rmvolleyball.org
- Southern (SO) www.srva.org
- Southern California (SC) www.scvavolleyball.org
- Sun Country (SC) www.suncountryvb.org
- Western Empire (WE) www.wevavolleyball.org