



# Suggested Player Book Readings



-- John Kessel, USA Volleyball Director, Membership Development & Disabled Programs

- A Man Watching**: by Tim Crothers (2006), Sports Media Group, Ann Arbor, MI, ISBN 13-978-1-58726-434-4
- Power of One**: by Bryce Courtenay (1989). Random House, New York, NY. ISBN 345-41005-X
- Get With It, Girls! Life Is Competition**: by Teri Clemmens (2001) Diamond Communications, South Bend, IN. ISBN 1-888698-37-3.
- Strength & Power for Young Athletes; Exercise programs for ages 7-15**, by Avery Faigenbaum, EdD. & Wayne Westcott, PhD (2000). Human Kinetics Champaign, IL. ISBN 0-7360-0218-9.
- The Vision of a Champion**, by Anson Dorrance & Gloria Averbuch (2002). Huron River Press, Ann Arbor, MI. ISBN 1-932399-10-0.
- The Young Athlete's Handbook; Your guide to success in sports**, by Youth Sport Trust (2001). Human Kinetics Publishers, Inc., Champaign, IL. ISBN 0-7360-3712-8.
- Rules of the Red Rubber Ball**: by Kevin Carroll (2004), Hammerpress, Kansas City, MO. ISBN 1-933060-02-6.
- The Inner Game of Tennis**: by W. Timothy Gallwey (1982), Random House, New York, NY. ISBN 0-553-247557
- Mental Toughness Training for Volleyball**: by Mike Voight (2005). Coaches Choice, Monterey, CA. ISBN 1-58518-942-1.
- Mental Toughness Training for Sports**: by James E. Loehr (1982). Donnelley, & Sons, Harrisonburg, VA. ISBN 0-8289-0574-6.
- Volleyball Centennial**: by Byron Shewman (1995). Masters Press, Indianapolis, IN. ISBN 1-57028-009-6.
- Big Girl in the Middle**: by Gabrielle Reece & Karen Karbo (1997). Crown Publishers, New York, NY. ISBN 0-517-70835-3.
- Sacred Hoops**: by Phil Jackson & Hugh Delehanty (1995). Hyperion, New York, NY. ISBN 0-7868-8200-X.
- No Excuses**, by Kyle Maynard (2005), Regnery Publishing, Washington, DC, ISBN 0-89526-011-5
- Season of Life**: by Jeffrey Marx (2003). Simon and Shuster, New York, NY ISBN 0-7432-6974-8.
- Wooden on Leadership**: by John Wooden and Steve Jamison (2005), Professional Publishing, New York, NY. ISBN 0-07-145339-3.
- The John Wooden Pyramid of Success**: by Neville L. Johnson (2003). Cool Titles, Los Angeles, CA. ISBN 096739202-0.
- The Edge: The Guide to Fulfilling Dreams, Maximizing Success, and Enjoying a Lifetime of Achievement**: by Howard E. Ferguson, (1990). Getting the Edge Co, Cleveland, OH. ISBN 0940601044.

**Can I Play?**; by J. Dillard, (2005) Stickyrocks Publishing, ISBN 0-9768954-0-4

**Man's Search for Meaning**; by Viktor E. Frankl, (2006) Beacon Press, ISBN 978-0807014295

**My Mom Thinks She's My Volleyball Coach...but She's Not!: Humerous Reminder for Parents About Sports Etiquette**; by Julia Cook, (2007) Ctc. Publishing, ISBN 9781934073100