

Alternative Small Games

The basic rules apply to all the small games as follows:

No body contact is allowed

Only a free ball or Frisbee disc shall be tackled

When the ball or disc drops to the floor, the defending team gains possession

Besides this the regular team handball rules apply.

1. Falcon

Groups of 4 or 5 players form a triangle or a square respectively with one player in the middle. A frisbee disc is passed around as the player in the middle aims for a steal or a forced miscatch. When this happens the player responsible for the mistake has to switch with the defender.

Idea : Move very fast and use arms and legs to provoke mistakes.

Play totally disc- oriented.

2. Two falcons

Identical game but played 6 on 2 or 5 on 2 with two different devices.

Idea : The offensive players are forced to monitor both devices and to adjust themselves to the different

characteristics of the devices that they have to catch and throw.

The defending players have to cooperate and work as a team.

3. Frisbee ultimate

Two teams of 4 or 5 players shall pass the disc from one to the other and thus transport the disc into the end zone. If the disc is passed to one player in the zone, one point is scored. With every score the ends change and the restart of the game is done through a long distance pass of the successful team from zone to zone.

Idea : Since passing is only allowed whilst standing still, the teammates of the disc carrier have to run without

the ball in order to offer targets for passing.

Defence must be carried out as a man-to-man defence but without body contact. The focus of all defending

action has to be directed upon the disc.

4. Line-ball

Identical game using the ball.

It is recommended to establish the centre-line-rule for the game with the ball.

This means that a point can only be scored after the full team has crossed the middle line.

If this happens fast enough to leave a defending player still behind the line, this results in double score.

Idea : Full team has to run and play defence as well as offence. No specialists.

5. Goal Frisbee

Score is achieved by throwing the disc into a small goal from the zone line.

6. Mat-score

A point is scored by passing to a teammate standing on a mat. Two scoring zones available per team.

Idea : Move the focus of the game from side to side according to the reaction of the defending team.