



USA Volleyball
www.usavolleyball.org

USA Volleyball & the Southern Region

INVITE YOU TO ATTEND...

THE USA COACHING ACCREDITATION PROGRAM:

CAP LEVEL I Course on June 30-July 2

Volleyball Conditioning Clinic (VCAP) on July 3

At the **Boys Junior Championships**

World Congress Center—Atlanta, GA



USA Volleyball
Coaching Accreditation Program

REGISTER EARLY—SPACE IS LIMITED!
After 6/26/09 EMAIL for AVAILABILITY!

USAV COACHING ACCREDITATION PROGRAM:
June 30-July 2: CAP LEVEL I
July 3: Volleyball Conditioning Clinic
(if enough interest)
At the Georgia World Congress Center—Atlanta, GA

All CAP Participants should check-in at the **World Congress Center (room TBD)** on Tuesday June 30th **BEFORE 4:30 PM**. Level I sessions begin at 4:30 pm check-in that evening (to no later than 10:30 pm); sessions on Wednesday & Thursday will run from 8 am to 1 pm for the AM Wave, and will be repeated from 4:30 pm to 10 PM for the PM Wave. Coaches coaching in the AM wave should attend CAP sessions in the PM, and coaches coaching in the PM wave should attend CAP in the AM. If enough interest is expressed, a VCAP Conditioning Clinic will run from 8:30 am to 12:30 pm on the 3rd, with check-in from 8:00-8:30 am.

Note: All Southern RVA members register under RED Category and insure that you provide membership # for discount.

At this CAP course, coaches may either Register to attend the **FULL CAP I course**, which requires attendance on all 3 days, or may register to attend **ONLY CAP Modules sessions** for recertification purposes, which are presented on Thursday & Friday only.

Course Instructors (Cadre) may include:



Bill Neville

**Former USA National Teams Coach,
Current USAV National Commissioner
for Coaching Education, owner of
Nevillizm's Volleyball Coaching**

Other Cadre TBD

ABOUT USAV-CAP:

The USA Volleyball Coaching Accreditation Program (CAP) is a comprehensive, three-level coaching education program covering all aspects of coaching and teaching volleyball. Both Level I & II courses focus on the critical athlete performance principles in coaching at all levels.

The 4 Hour VCAP Clinic (Pre-Season Program) is open to ANY coach and includes a card set and 2 CAP Module recertification credits; **this course will be held if there is enough interest (10 or more coaches).**

LEVEL I is Open to ALL coaches and includes:

- ⇒ 10 hours of Core CAP instruction
- ⇒ 3 elective Modules (Topics & length of each may vary)
- ⇒ Textbooks/Materials: **Coaching Volleyball: Building a Winning Team**, and **Supplemental Handouts**.
- ⇒ Follow-up online test

Level I Accreditation requires:

- ◆ Core course attendance
- ◆ Attendance at 3 Modules (*included with this course fee*)
- ◆ **Attendance at 1 additional Module** (*included with this course fee*)
- ◆ Signed USAV-CAP Code of Ethics
- ◆ One Event Membership and USAV Background Check (requires \$25 additional fee for NON-USAV Members & includes 2-day insurance)
- ◆ Passing grade on Online Test (emailed afterward)
- ◆ Submission of proof of having attended a "Foundations of Coaching" class (such as IMPACT or comparable course)
- ◆ Submission of a Coaching Philosophy & Favorite Drill Form

LEVEL II (NOT offered at this site) is Open to Level I accredited coaches and includes:

- ⇒ 10 hours of Core CAP instruction
- ⇒ 4 elective Modules (Topics & length of each may vary)
- ⇒ Textbooks/Materials: **Volleyball Coach's Survival Guide** and **Supplemental Handouts**.
- ⇒ Follow-up online test

Level II Accreditation requires:

- ◆ Core course attendance
- ◆ Attendance at 4 Modules (*included with this course fee*)
- ◆ **Attendance at 2 additional Modules** (*included with this course fee*)
- ◆ Signed USAV-CAP Code of Ethics
- ◆ One Event Membership and USAV Background Check (requires \$25 additional fee for NON-USAV Members & includes 2-day insurance)
- ◆ Passing grade on Online Test (emailed afterward)
- ◆ Submission of a Favorite Drill Form
- ◆ Submission of 1,000 word article

Upon Accreditation the appropriate Level I or II Certificate, suitable for framing, and a letter of congratulations will be mailed. USAV-CAP accredited coaches are then eligible to attend the next Level course.

Complete the Registration Coupon at the bottom of the next page & return to USAV-CAP National Office, or register on-line at www.usavolleyball.org.



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Course Level—Choose your Registration Category below.... RED, WHITE or BLUE	EARLY BIRD (by 6/26/09)	LATE (on or after 6/27/09)
RED - FULL CAP I for those who are <u>COACHING TEAMS in the Championships or members of Southern RVA</u>	\$260.00	\$310.00
WHITE - FULL CAP I for OTHER USAV or AVCA Members	\$290.00	\$340.00
BLUE - FULL CAP I for those who are NEITHER USAV or AVCA Members	\$320.00	\$370.00
RED- EACH Re-Cert Module for those who are <u>COACHING TEAMS in the Championships or member of Southern RVA</u>	\$35.00	\$65.00
WHITE - EACH Re-Cert Module for members of EITHER USAV or AVCA	\$50.00	\$80.00
BLUE - EACH Re-Cert Module for members of NEITHER USAV or AVCA	\$65.00	\$95.00
RED VCAP- for those who are <u>COACHING TEAMS in the Championships or members of Southern RVA</u>	\$85.00	\$100.00
WHITE VCAP- for members of EITHER USAV or AVCA	\$95.00	\$110.00
BLUE VCAP- for members of NEITHER USAV or AVCA	\$110.00	\$125.00

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NOTES TO PARTICIPANTS:

- ALL ATTENDEES:** Bring **25 copies** of your Favorite Drill to share. The [Drill Form template](#) can be downloaded from the CAP Schedule page of the USAV website. Numbers may be updated prior to your course date.
- LEVEL I:** Download the [Coaching Philosophy Worksheet](#) from the CAP Schedule page of the website. Bring 2 copies with you with the top portion filled in.
- Bring note-taking materials, dress in comfortable clothing to be prepared to participate in the on-court activities.
- Meals & Lodging are on your own.**

The Georgia World Congress Center is located at:
285 Andrew Young International Blvd., NW
Atlanta, Georgia 30313-1591

Local Map: Use Mapquest with the above address or look on the GWCC website at www.gwcc.com/maps/index.html

LOCAL HOTEL INFORMATION: www.kayak.com or http://volleyball.teamusa.org/event/event/569?page_id=2432

Closest Airport:
ATL- Hartsfield International Airport

Course Site: BJOVC Georgia World Congress Center—Atlanta, GA **Dates:** CAP June 30- July 2; VCAP July 3

Circle ALL you are purchasing: ~ FULL CAP Level I COURSE ~ VCAP Conditioning Clinic ~
~ Or (if CAP I certified) ONLY MODULES for Recertification purposes: # purchasing _____ ~

Name: _____ Email Address: _____

Address: _____ City: _____ St: _____ Zip: _____

Home Phone: () _____ Work Phone: () _____ Fax: () _____

Birthdate: ____/____/____ SS#: _____ School/Employer: _____

Are you a current **USAV Member**? YES No **Region Name:** _____ **Member #:** _____

Are you a current **AVCA Member**? YES No **Member #:** _____ **T-SHIRT SIZE? S~M~L~XL**

Registration Categories: RED-BJOVC Championship Coaches; WHITE- members of EITHER; BLUE-members of NEITHER.

Renewing CAP I? contact CAP@usav.org BEFORE registering.

Register on-line: www.usavolleyball.org or **FAX THIS FORM** with credit card information to 719-228-6899.

If paying by check send form & fee to: USA Volleyball- CAP, 715 South Circle Drive, Colorado Springs, CO 80910

TOTAL ENCLOSED:\$ _____

Payment Method: MasterCard VISA DISC Check enclosed Money Order

Account Number: _____

Exp. Date: _____

Signature: _____

Sec. Code: _____