



USA Weightlifting Weekly Report: April 27- May 3, 2009

2009 Qualifying Procedures Clarification- In an effort to clear up some questions and confusion regarding the 2009 Qualifying Procedures for international events, please see information below:

2009 Pan Am Sub 17 Championships- Chile September 16-20, 2009

Primary Qualifier- 2009 National School Age Championships (Gainesville, GA)

Secondary Qualifier- 2009 National Junior Championships (Foster City, CA)

Note: Youth World Championship members are eligible for this as it may be a qualifier for the 2010 World Youth Olympic Games. The World Youth Championship qualifying totals will be used.

2009 Torneo Criollo Cup- Puerto Rico October 20-26, 2009

Primary Qualifier- 2009 National Championships (Chicago, IL)

Secondary Qualifier- 2009 National Collegiate Championships (Shreveport, LA)

Secondary Qualifier- 2009 World Secondary Qualifier (TBD)

Note: This event is a replacement competition for the 2009 World University Championships and only athletes who meet the collegiate level criteria will be eligible. The 2009 World University qualifying totals that were developed earlier this year will be used.

2009 Quebec Junior Championships- Quebec, Canada November 28, 2009

Primary Qualifier- 2009 National Junior Championships (Foster City, CA)

Secondary Qualifier- 2009 National Championships (ages 18-20) (Chicago, IL)

Secondary Qualifier- 2009 National School Age Championships (ages 17 and under)

Note: Junior World team members are not eligible for this event.

***At this time, all the events listed above are self funded. Due to lack of sponsorship, outfitting may also not be provided.**

Important Announcement about 2009 National Championships Verification of Final Entries and Technical Conference-

Since the competitors in the 2009 Pan American and US National Championships will lift in combined sessions, an important change in schedule has been made. Please note the following:

Contrary to what has been published in the National Championships entry form, please note the following:

A combined Pan American and National Championships and FINAL Verification of Entries will be held from **2:30 – 3:00 PM Central Time** Wednesday June 3rd at the Chicago Hilton and Towers and Combined Technical Conference will be held from **3:30 – 4:30 PM Central Time** Wednesday June 3rd, also at the Hilton.

At this time all weight class changes will be final and the final schedule will be announced!

Because of this late notice and because some participants may have already made flights which are due to arrive later in the day, National Championships competitors may submit changes to the National Office via

email or fax **no later than 12 Noon Mountain Time, Wednesday June 3rd**. Changes may be emailed to usaw@usaweightlifting.org or faxed to 719-866-4741 no later than 12 Noon MST, Wednesday June 3rd. *Please don't assume the National Office has received those changes – make sure to call us to confirm!* Our phone number is 719-866-4508.

PLEASE NOTE: In the 2009 National Championships entry form, the original Technical Meeting was scheduled for 8:30 pm on Wednesday June 3rd. Now that the Verification of Final Entries Meeting and the Technical Meeting will both take place earlier in the day, **as noted above**, there will be an Informational Meeting at **8:30 PM CST on Wednesday June 3rd**. This meeting will serve strictly for informational purposes only, for US participants arriving later.

2009 Pan Am Championship Website- For the latest information on the 2009 Pan Am Championships, please visit the following link: <http://www.worldsportchicago.org/weightlifting-championships.aspx>

30-Day Rule- The previous Board had voted that the 30-day rule would only apply to **Olympic Games, World Championships and Pan Am Games**. The current Board voted Tuesday April 28, 2009 to do away with the 30-day rule altogether.

2009 World Youth Championship Team: USA Weightlifting would like to wish Team USA good luck in 2009 World Youth Championships in Chiang Mai, Thailand this month. The event will take place May 19-24th, 2009. Team USA consists of the following team members:

Women

Jenny Lam- 48 kg
Jessica Beed- 63 kg
Krislyn Li- 63 kg
Brianna Barnett- 69 kg
Samantha Nichols- 69 kg
Kari Davis- 69+ kg
Chioma Amaechi- 69+ kg

Men

Darren Barnes- 56 kg
Weced Vang- 56 kg
Ryan Borges- 62 kg
Darrel Barnes- 62 kg
Peter Musa- 69 kg
Taylor Cahoon- 77 kg
Ian Wilson- 94 kg
Brandell Sampson- 94 kg

Team Staff

Men's Head Coach- Joanne Musa
Women's Head Coach- Stephen Miller
Team Leader/Assistant Coach- James "Butch" Curry
Team Doctor- Dr. Ross Osborn

NOTICE : 2010 Bid Information- Bid Information for USA Weightlifting's 2010 national events is posted online at the following link: <http://weightlifting.teamusa.org/news/article/10944>. We are accepting bids for these 2010 National Events: National Junior Championships, National Collegiate Championships, National Championships, National School Age Championships, American Open Championships. ***Please be aware of the DEADLINES when submitting bids for these events!***

Senior Coaching Course Registration – This is a reminder that Leo Totten will be teaching the Senior Coaching Course in Moorestown, NJ on June 26-July 1, 2009. To register, please click on the following link: <http://weightlifting.usoc.org/content/index/1919> . The deadline to register is June 12, 2009!

Three Greek Weightlifters Test Positive For Banned Stimulant- For the complete article, please visit the following link: <http://sports.espn.go.com/oly/news/story?id=4114941>

Olympians Caught Doping Are Named- For the complete article, please visit the following link:
http://www.nytimes.com/2009/04/30/sports/othersports/30doping.html?_r=1&hp

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“The Mission of USA Weightlifting shall be to enable United States athletes to achieve sustained competitive excellence in Olympic competition and to promote and grow the sport of weightlifting in the United States”.